

## **Sandy Diner**

### **Professional Workshops and Seminars Attended:**

Anger, Forgiveness and the Healing Process. Presented by Joseph W. Shannon, Ph.D. Psychologist.

Anger and Oppositional Defiant Disorder: Brain Based Interventions Across the Lifespan. Written and Presented by Mark Beischel, EdD.

Art Therapy and Anxiety: Healing Through Imagery. Presented by Pamela Hayes MFT, LMHC, ATR-BC.

Art Therapy for Grief and Loss. Presented by Pamela Hayes MFT, LMHC, ATR-BC.

Better Sleep, Better Memory. Presented by Michael E. Howard, Ph. D.

Childhood Development Disorders. Cross Country Education.

Cognitive-Behavioral Therapy: The Basics of Helping People Get Better. Presented by Aldo Pucci, MA, DCBT.

Counseling Victims of Sexual Trauma: The Three Stages of Healing. Presented by Melissa Bradley, MS, NCC BCETS, FAAETS.

Crisis Debriefing. Presented by Jim Fogarty, EdD.

Dialectical Behavior Therapy for the Real World. Presented by Delicia Mclean, Ph.D, MHA.

Early Developmental Disorders Resulting from Abuse: Therapeutic Techniques for Intervention and Prevention. Presented by Anita Remig, EdD, FPPR, FSMI.

Emergency Mental Health: Assessment & Treatment. Presented by Tim Webb, MAEd, LPC.

Emotional Manipulation: Understanding Manipulators and Helping Their Victims. Presented by Jim Fogarty, EdD.

His Brain, Her Brain. Institute for Natural Resources (INR).

Personality Disorders in Social Work and Health Care. Presented by Greg Lester, Ph.D.

PTSD, Trauma and Anxiety Disorders. Institute for Natural Resources (INR). Presented by James M. Coggin, M.D.

Psychological and Neurophysiological Effects of Anxiety. Presented by Wayne Eastlack, PhD.

Reasoning with Unreasonable People: Focus on Disorders of Emotional Regulation. Presented by Paula S. Butterfield, Ph.D.

The Habits of Happy People. Presented by Jaimie Kurtz, Ph.D. Assistant Professor of Psychology at James Madison University.

The Habits of Stress-Resilient People. Presented by Dennis A. Marikis, Ph.D.

The Immune System: The Mind-Body Connection, Who Gets Sick and Who Stays Well. Presented by Nick R.S. Hall, Ph.D.

The Habits of Happy People. Presented by Jaimie Kurtz, Ph.D. Assistant Professor of Psychology at James Madison University.

The Psychology Of Resilience: A Multi-Modal Framework for Thriving Based on the Heroic Journey. Presented by Melissa Bradley, MS, NCC BCETS, FAAETS.

Understanding Difficult and Aggressive Behaviors. Presented by Dr. Michael E. Howard Ph.D.